

# BOOK OF SITH

-KRONOS-

## INTRODUCTION

*“Men who are anxious to win the favour of a Prince nearly always follow the custom of presenting to him with the possessions they value most...I have not found among my belongings anything as dear to me, as much as my understanding of great men...Having summarised them in this short book, I have sent them to your majesty.” - Machiavelli, The Prince*

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Unlike Machiavelli, I don't seek the favour of a Prince.

What I seek is the favour of the Lords of the Sith. I seek an apprenticeship, and so, having nothing to give in return but that which I've already learned, I present to you this book.

I was reading an old thread about the idea of a “Sith bible”, what would be the fundamental teaching someone would need to *be* Sith. I don't like the idea of a bible - but a book that teaches the fundamentals about what Sith is, how it can be used - I think that's an idea worth pursuing.

Having just written the “History of Sith”, I perhaps more than anyone, have an understanding of how different individuals have approached this question over the last 20+ years. This book is an amalgamation of theirs and my own work.

The Book of Sith is separated into two parts. The first book is a primer on the Force; what it is, what's the dark side, who are the Sith, what are emotions. The second book is my interpretation of the Sith path; how to gain Strength, how to gain Power, how to gain Victory.

I hope this serves as an outline of what the Sith path is to the aspiring Initiate or Disciple, or perhaps, as a compass for the Knight or Lord.

I also hope you take this in the spirit it was offered. Not as a “bible”, or set of restrictions I'm trying to impose on you or others, but as a book of lessons that point the reader to the truths that are beyond another's words. Those grand ideas that can't be learned from anyone else but *you*.

May it serve you well,

- KRONOS

# BOOK ONE

-FUNDAMENTALS-

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## INTRODUCTION TO THE FORCE

### NATURE OF THE FORCE

The force *is* everything.

I want you to close your eyes, and take a breathe - just one - nice and slow. Feel that breath enter your lungs through your nose. Feel the breath escape your lips. Feel that split-second that marks the distinction between breathing in and breathing out.

What breathe is to you, the force is to the universe. What we call the Force, others call Mana, Chi, Energy, Ki - the distinctions don't matter.

The force isn't just life, it's everything. It's you, and everything around you.

Even just from a scientific sense, the entirety of creation is made of the exact same atom, just in different configurations. The universe is so diverse, and yet everything that exists, all the variations of life, all are just distinctive combinations of those same building blocks.

We are made of the same material as bugs, and rocks, and planets, and stars - we are everything. And when you die, everything you are will separate down at a microscopic level, and become a billion new things. You will become new life.

If that's not reincarnation, I don't what is.

To be force sensitive, to be awakened, is to be *aware* of this reality. If you just sit and *listen* to the universe around you, you'll begin to feel it. The interconnectedness of all things.

Not thinking about the future or the past, just allow yourself to be aware of the moment. That feeling is the Force. The more you listen, the stronger your connection will be.

### NATURE OF THE UNIVERSE

Many people would have you believe that the natural way of the universe, is one of peace. That only your ego is separating you from bliss.

This is the first lie.

Go and sit in a park, and truly see what happens around you. The blackbird, tapping the ground to trick the worm into thinking it's raining. The sapling, dying in

the shade of larger trees. The tiny duckling, struggling to keep up with its mother. Foxes eating crows. Crows eating frogs. Frogs eating flies. Flies eating whatever's left.

Nature is *brutal*.

It doesn't matter if you're a microbe or a supernova - everything that exists, exists in a constant battle with everything else. The only difference between you and the rest of the universe, is you're now conscious of that struggle.

That interconnectedness you felt with the Force still exists in what's termed the "dark side", you're still intrinsically connected all life - it's just you also realise all life is out to kill you. Make no mistake, every being on this planet would - if given the chance - put achieving their dreams above helping you achieve yours. The strong will always impose their will upon the weak.

And this is a good thing. The strife between you and the universe is how every good thing has been made. Every technological advance, every industrial age, was powered by the competition that exists between multiple beings competing for the same goal.

We literally went from our first flight to landing on the moon within 50 years because of the strife that was created by WWI, WWII, and the Cold War.

Conflict is the only way to expand past what you *are* into what you have the potential to *be*. It's true for animals, it's true for countries, it's true for companies, and it's true for you too.

We are all *beasts of nature*, and the only truth you'll find in this universe is that which is strongest, wins. It's a scale of balance, and morality weighs nothing. Good and evil have no meaning to a fox, or a tree - why should they have any meaning to you?

## NATURE OF THE SELF

The universe exists as a cycle of "desire-struggle-win". You desire something, you struggle to achieve that something against everyone else, and then, win or lose, whomever is strongest - wins.

When Buddha realised this truth, he swore off desires altogether. And sure, that's one way to never experience loss or suffering again - but at what cost? You may never lose, but you will certainly never win.

Buddhists would tell you that desires are the root cause of suffering, but that ignores everything else that desires are. Desires are the root of every triumph, every victory,

every success. The real cause of suffering isn't desires, but the lack of power to achieve them.

You can't save the world. The world doesn't want to be saved. Every act of charity, every small favour makes those whom you help feel small, or makes them more parasitic. The only way to truly save someone, is to let them help themselves.

For every action you take, someone will be the worse off for it. Life is a zero-sum game. There is no such thing as win-win scenarios. Every breathe you take, every meal, every small victory - is a battle. A struggle between you and the rest of creation.

Unlike the Light Side of the Force, which embraces the whole, the entire focus of the Dark Side is the self. When you accept the universe for what it is, that the force isn't some universal arbiter of "right" and "wrong", it's only then do you realise the strength of who you are.

There is no higher purpose than that which *you* give this world. There is no good or evil. There is what you want, and what the rest of the universe wants. Do you have the strength to go out and get it?

When you realise this truth, you realise that the only thing you can truly be sure of, is yourself. How do *you* feel? What do *you* want? What do *you* desire? Who are *you*?

## MEDITATION: BASICS

Assuming you're coming from a background of nothing, here are the basics of meditation. As a side note; all three of these techniques can and should be applied in your day to day life. Standing strong, breathing properly, being present in the moment, each is useful in it's own way for making sure you're coming for a place of maximum power.

Firstly, sitting.

There a couple of different techniques, but broadly I switch between; *Standing*, *Sitting*, *kneeling*. To save space I've added links to each of the different forms. I prefer the Japanese kneeling way - It hurts at first, but the pain will help you stay in the moment.

Secondly, breathing.

I am definitely not the first person to tell you you've been breathing wrong your whole life. Diaphragmatic Breathing has become something of a trope. There are loads of resources online, go and find the technique that works for you.

Finally, thoughts.

This is something of a personal problem I experienced when I learned to meditate. When I began, I'd often find I would have random thoughts, which causes me to feel bad about having thoughts, which created more thoughts. It's an endless cycle.

I've come to realise that thoughts aren't actually the problem, it's focusing on thoughts on the past and future.

The next time you meditate, rather than trying to police all your thoughts, just be aware of if a thought is focused on the past, or a thought on the future. If it's either of those two, let it go. Whatever thoughts are left is where your mind should be. This is Zazen.

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## INTRODUCTION TO THE SITH

### NATURE OF DARKNESS

*"He who would be serene and pure needs but one thing, detachment."*

- Meister Eckhart

Imagine a vast, black sea. On the sea are little ivory-coloured boats, bobbing aimlessly on the waves. The white boats have no motors, no paddles - the white robed monks who live inside those boats simply sit and enjoy the sun's rays. They are the Jedi.

In the sea, in the darkness, live the Sith. They dive deeper and deeper in the darkness searching for this desire. Only their force of will stops the water pressure from crushing their bones. They don't surface for air or food - they don't need to. The black water fills their lungs, giving them all the nourishment they could ever need. Most drown, some get killed by the others lurking in the water, but for a small, select few - they achieve everything they could ever desire.

The force can be seen to have two sides; internal and external, dark and light. But both are just different aspects of nature. And as I've said, nature is brutal.

Nature is just about survival, about evolution, and I see emotions as just another tool we've been given by evolution - a trick designed to keep you alive. The "darker" emotions, the base emotions, are the ones tasked with keeping you alive. Fear,

anger, aggression, pain - Each is a tool that's get's a response out of you instinctively. Involuntarily.

The dark side is the fear you feel, walking though a forest alone at midnight. It's the pain you feel when you stub your toe. It's the anger and hatred you feel for that bully at school.

## THE SITH IN PRACTICE

Fundamentally, a Sith is someone who uses all they are to achieve the change that *they* desire to see in themselves, and in the universe.

The Sith are equal parts warrior, philosopher, and king. They are beings who live for and by themselves. They are creators and destructors; and they realise those are both just different terms for the same act.

A Sith is someone willing to sacrifice everything they are on the altar of their desires; their emotions, their strength, their power, the Force. Everything.

A Sith understands the truths I've given you; they understand the fundamental nature of the universe, and so live for and by themselves. They see themselves as their own god and king. A Sith seeks to understand themselves implicitly - every desire, every strength, every weakness.

A Sith hones their strengths, and chips away at their weaknesses on the continuous anvil of conflict and strife. Always seeking the understanding, power, and enlightenment necessary to achieve their dreams. Willing to fight the universe to get what they want.

## EVENT, EMOTION, ACTION

Your will and the force are one. All you have to do to unleash your potential, is tap into the powder keg of emotion that exists inside you.

The universe is an angry morass of power. To release that power, one must harness one's basest emotions: hate, anger, fear, aggression, pain.

Emotions are nature's way of saving your life. When you feel one of the base emotions, the feeling is designed to provoke an unconscious physical response from you, to help you escape difficult situations.

When you feel hatred, you imagine many ways to extinguish your hate. The best is to destroy the problem. When you sense fear, your reflexes make you quicker than

usual, and your actions are an instinct. There is no difference. When you are frustrated, your mind will amaze you with its' creativity. The Force will act upon the previous three emotions. This is the true trilogy; An event, an emotion, an action.

Those who are unawakened often live their life in a dream state. like asteroids floating through space, other asteroids, big and small, hit them and change the course of their lives. Their emotions happen *to* them, not *for* them, like this:

- Event: Something happens
- Emotion: Event causes emotion
- Action: Emotion causes an action

For a Jedi, the process would be simpler. They'd ignore the first two states, only acting if it was the will of the Force. Even then, they'd be bound by rules and regulations they've set themselves. Likely, the parasites would do nothing at all.

A Sith *uses* their emotions for their intended purpose. Emotions are tools, weapons - use them! The only right in this world is your will. Let your emotions help you achieve what you desire. The only difference is a Sith calls on his emotions - He's not led by his emotions, he *leads* them.

When you know what you desire, you call upon the emotion that's most likely to lead to the results you desire. Do this, and your emotions shape your reality.

How Sith use emotions:

- Desire: What do you want?
- Emotion: What emotion would help achieve that dream? You need to become an avatar of that emotion - live it, breathe it
- Action: Your emotion forces you to take the required action

## MEDITATION: ON EMOTIONS

A Sith is someone who uses everything at their disposal to achieve their desires. Their emotions, their strength, their power, the Force.

For the next four days, meditate for 15 minutes on each of the emotions listed below, using the techniques from the previous lesson.

Live and breathe the emotion. Taste the bitterness of hate. Shake with anger. Cower with fear. The more you experiment with emotions, the more you let them consume

you, the stronger your connection will be - the more easily you'll be able to call on them.

I find it easiest to imagine something in the past that made me feel that emotion, embrace that feeling, and then expand it gradually to include everything and everyone that's around me in the current day.

Emotions can be tricky things, and it can be hard to understand what emotion to use where. I've created a handy chart below on the uses I've had for each emotion, but nothing beats your own experience:

EMOTION	ACTION
Anger	Anger makes you stronger and more resistant to pain, in small doses. Use it when you need a little more motivation, a little more push to finish a workout.
Hate	If anger is oil, hate is coal. It's a slow burning fuel to be used to hatch plots. I've used anger to do everything from take over a startup, to destroy someone's life. Hate is used for those sorts of big projects.
Fear	Fear sounds like a weak emotion, but fear has its uses. Fear can be used to increase your self-discipline, in a Stoic fashion - if you overspend or eat too much, fear of destitution and fear of death, fear of your wife leaving you, are all powerful motivators.
Pain	Associate pain with tasks you do not want to do.

# BOOK TWO

-SITH-

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## NATURE OF STRENGTH

The purpose of being Sith is to achieve your will - whatever that may be. And to do that, you need power; power over yourself, and power over the universe.

I consider Strength to be the sum total of everything *you* are. Not what you have; what clothes you have, what car you drive, what books you own - what you *are*. A good way to imagine it is if you were thrown in jail. Everything is taken from you. So what do you have left? What do you own that can't be taken from you?

That which you have left is your Strength.

You have your body - the sum of your physical strength and attributes. You have your mind - the sum total of everything you know. You have your soul - the sum of your desires and passions, everything that makes up the distinctive you.

Like everything, conflict will help you grow each of these aspects into hardened steel. You have the potential to see the best version of your body, mind, and soul - you only have to reach out and grasp it.

As a Sith, I strengthen my body through self-discipline, I strengthen my mind through knowledge, I strengthen my soul through will. Each of these aspects can be improved by you, it just takes time and experience.

## WILL

Your willpower, or passion, is made of two parts; your desires and your emotions. View emotions as states of being - they can be controlled, manipulated, and chosen purposefully. The more you practice living in the moment with your emotions, the stronger your connection to them will be. Likewise, the more time you spend asking yourself what you really want, the more in-tune with yourself you'll be.

Everything you accomplish is powered by your will - it's at the core of every Sith. It is your connection to the Force, and it is the fuel that powers everything. It's what keeps you from sleeping when studying, it's what powers that last rep when your body is exhausted.

I'm going to discuss desires further in the Victory section.

## KNOWLEDGE

Knowledge is the accumulation of everything you know, and has a myriad of uses. In the next chapter I'll discuss why wealth-accumulation should be the primary focus of what you learn, but I don't think there is such a thing as "bad" knowledge. Fake knowledge perhaps, but all knowledge has its uses - it's just about being conscious of what knowledge you are absorbing, and where it is from.

## SELF-DISCIPLINE

Only the strong survive, so you need to learn to fight for what you care about. If you're lucky enough to have the Force at your side... use it. Never forget that you are in a global competition with every other being in the planet - if you were a gladiator, you wouldn't hold back - it's kill or be killed. You must sacrifice everything that you are, everything that you have if you wish to succeed - or somebody who has sacrificed everything *will* defeat you.

By self-discipline, I mean everything from eating healthy, to vanity, to exercising, to being able to defend yourself. Moderation may seem against what the Sith path is about - but it's about sacrifice. To desire a six-pack means you have to sacrifice eating unhealthy. It's a zero-sum game, and only you can decide what you are willing to sacrifice, and what for. Self-discipline is like any muscle - it needs constant exercise to be relied upon.

## MEDITATION: GATHERING POWER

Before you can begin "using" the Force, you need to grow your connection to it. This is a meditation technique adapted from some of the earliest teachings of the Sith. The goal is to develop the emotions that make up one half of your will. We'll talk about understanding your desires in "Victory".

It's a technique to strengthen the base emotions flowing through you. It's split into two parts; we draw on our anger, and we draw on the Force.

We begin.

Sit in a darkened room, on top of your calves and feet, so that you're kneeling in the Japanese way. It hurts at first, but the pain will help you stay in the moment. Close your eyes, or focus on a plain wall.

We allow our anger to rise, our hate. Be it of its own nature, or be it while we deepen our anger to a certain fact, something that has made us angry in the past to

help us build our anger. The anger grows and leads to hate of a certain person or thing. The hate strengthens, further and further, perhaps with pictures of what you would do to that thing or person if it was now next to you. Slowly we generalise our hate. Not only that certain person is despicable, but all who share his opinion. We think of another fraction we hate for similar reasons, the hate growing in strength but also in generalisation, loosening its grip towards a certain target and leading us into a pure state of existence.

Now, we slowly allow evil to creep into our bodies. From down below, the ground, or the second heart it rises, stronger and stronger, pure and eternal, does it slowly rise through our body. Our sentient presence moves beyond the limits of our physical bodies. The black fog or smoke engulfing our bodies. The evil rises slowly through our stomach to our chests. The surge of dark winds moving around our body. There are no barriers, the flesh can not limit your existence. Evil rises on the back of the dark winds containing your power, your hatred, the truth to your existence, the key to your soul. It rises past the chest expanding to the sides and the above. The fog grows denser. It surpasses the head up to about two feet above your body. You no longer feel your surroundings. You are the fog. The fog is you. The constant movement of the fog states your emotions, your desire to destroy, the demands of limitless evil. Note, that this aura should be felt, as if you would be carrying a dark fog or smoke of constant movement around you.

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## NATURE OF POWER

My power is my ability to influence the external universe. The real world.

At this level, Power is of the mundane variety; it's power to shape the real world. I'm sick to death of listening to witches, sorcerers, and Sith, who claim to be full of magical ability - and yet live in council houses.

Spiritual power has it's place - it's the core of everything I do to manipulate my reality. But it is only one cog in the greater machine of ambition. Power is using everything I am to apply force to the external universe. To change reality. To be a Sith, it's not enough to just have that knowledge, or use that knowledge inside my own head - I must apply it. Knowledge for it's own sake is meaningless.

I also believe power is about more than just yourself. Strength was about conquering everything you are, but Power, Power is about conquering everyone else. Or at the very least, those that stand in your way day to day.

Each pillar of Strength, expands into it's own aspect of power; Self-Discipline becomes Force, Knowledge becomes Wealth, Will becomes Vision.

## F O R C E

In our current society, if it weren't for the barbarians at our gates, wealth would be the only aspect of power you need.

But the barbarians *are* at the gates. Terrorists, criminals, parasites. The world is filled with people who would seek to separate you from your power, people who want what you have, who are willing to take it by force if necessary.

You and your organisation needs to have enough force, that it can protect it's own interests. You must never forget that you exist in a kill or be killed in this universe - Your assets should be protected in every possible way. You must be willing to sacrifice everything to succeed, because somebody else will be willing to sacrifice everything to take it.

## W E A L T H

Force aside, wealth is the main aspect of power. It used to be that the merchant class was below the priest and king, but now the merchant has bought and paid for all three roles, combining them into one.

Money can be used to achieve everything you desire; live longer, live better, have anything, be anyone. Wealth in this day and age really can be used to create the life you desire.

Certain types of knowledge, if properly cultivated, will return in riches. I've watched interviews with billionaires, I've met millionaires, and they all share a lot of the same character flaws. Ambition, work-drive, complete self-absorption. If you learn from them, with time and experience you can become one of them.

It should also be noted though, that wealth is in and of itself just a tool. It's not the goal. You only have to look at people like Kim Kardashian to realise wealth without purposeful desires is empty. It should be used to *get* what you desire. It shouldn't *be* your desire.

## VISION

Vision is your ability to make others do something, but in such a way that they don't even realise they are being manipulated. The best defeat you can inflict on an enemy isn't to destroy them, but to work them round to your way of thinking - to make an ally out of someone who was an enemy.

Most people do work for money, but most live for a different reason. If you can tap into that reason, make it so your organisation sates that craving, you can have loyalty. Vision is the reason people will work 70 hour weeks at places like Apple and Google, it's more than just the promise of wealth.

You need to cultivate your vision - how do you want the world to be?

## MEDITATION: EMPIRE MIND

I see the Sith as an archetype - as a myth. It's an an image of what I have the potential to become, if I'll only embrace my desires, and gather the strength necessary to shape the world as I see fit.

For me, the Sith are an image of perfection and enlightenment. Alexander the Great wanted to match the exploits of the fictional Hercules and Achilles. Does that cheapen what he accomplished?

Fiction allows us to craft ourselves a future for ourselves unrestrained by reality. Perhaps impossible. But at least I'll have a goal that inspires me. Excites me. I won't shy away from that.

For this mediation, I want you to imagine your Sith archetype - The being you would be if you lived in a galaxy far, far away. What would you look like? How would you act? Where would you be?

For me, I see myself cross-legged draped in black robes at the top of a stone pyramid. It's obviously me, but in better shape than I am currently - more refined, more lined. I'm meditating in front of a triangular window that opens to a night's sky - Star Destroyers are visible between the stars. This whole planet belongs to me - I am the most powerful being in existence, able to create and destroy freely.

Obviously, it doesn't have to be Star Wars - you could imagine how Steve Jobs or Warren Buffet lives. It could even be just imagining your ideal self in this world. The point is that as you practice, you'll begin to ask yourself how your best self would handle the situation. Would they eat this cake? Would they take that job offer? By

imagining yourself a certain way, you begin to think that way - you and your potential self begin to merge into one being.

## MEDITATION: USING THE FORCE

The first master I had taught me about magick; he didn't believe in the wands, and rituals that are so prevalent within Wicca and the the Occult. He believed they were just symbols - tools for weaker minds to help them focus. If you had enough mental willpower, you didn't need them.

Again, these techniques are taken from the older Sith teachings. Although, if you read anything about "Direct Magick", you'll notice that we are talking about the same thing - just using different words.

The principle of discovering new force powers, when not personally taught to you by some one else, is to initiate the meditation. You will notice many different emotions flowing through you. The mixture of dark emotions and intuition breeds a soft wind, allowing your thoughts to circle around you.. A knight must first decide which power he wishes to learn. An important formula here is: Power + Technique = Force Result. You can achieve any imaginable result if you have enough power. Yet power is most often limited. When using a high technique or skill, you will only have to add a minimum of power. Of course, there are many results that can not be achieved for a lack in the additional sum.

A second rule is common sense. The more subtle or invisible a force power is, the lower the additional sum. An example: feeling the emotions of another sentient being is easier than shooting lightning at someone. While both are possible, feeling emotions can be learned quicker than shooting lightning and should be preferred at the beginning. By all acknowledgement for our desire of absolute power, every force power learned shows you more insight towards the force. When the knight has decided on a certain force power he wishes to achieve, he must stay with it. When inventing new powers it can take up to one year to master them. If you try different things during the same period you will be slower than if you did them after one another. With the power you wish to achieve, you must now commence understanding it's principle. While in meditation, consider what you wish to achieve. Allow the dark wind to circle your thoughts, emotions and intuition until they become a form of premonition, being slowly carried into place in the mental construct of your theory. You will have to 'feel' your way and slowly discover how different aspects interact. Interaction is the key of understanding. And this is where a further rule

grasps: Understanding and power come hand in hand. There is none without the other. While this rule might seem simple, you will realise the depth to it as you continue down your path of darkness.

The explained process will allow you to slowly adapt new powers. Yet realise this, we all know when we face our inner truths, that we wish for it to work. And this desire for a power to function can lead us into alluding ourselves if we are weak enough to allow it. Therefore it is always important to remain humble before the countenance of the dark side. If you do not worthy this relationship to the dark side of the force it will destroy you. If you remember your place and insignificance before the countenance then it will be a powerful master and ally. With some force powers it will be possible to statistically support the outcome, showing you if you are advancing towards a true and reliable power, or if you have followed a thread that requires too much power for your momentary situation, noting that your power will continuously grow from the point of your quest.

When following the threads of powers you can not support in this manner, you will have to rely on your intelligence, humbleness and caution. If you fail, the dark side will crush you, making your existence more miserable than even that of the sheep. Always bear this in mind. Yet, you must also be prepared to believe that you have this gift and that you can succeed. For if you doubt yourself you will live as a wolf trapped among the sheep. It is a difficult path. Yet the reward is more than I could describe in words.

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## NATURE OF VICTORY

Victory is essential for all Sith. Victory is only possible if you know what you want - and are willing to defeat others to get it. Failures are inevitable along the way, but the achievement of desires should be the coal under your feet - it's what gets me out of bed in the morning. You should think of your coming victory often, and your coming defeats. That way you will be prepared for both outcomes.

### DEFINE YOUR DESIRES

Desires are key to your victory. Desires are like self-fulfilling prophecies. Both the destination, and the map and compass.

Desires and emotions are two sides of the same coin; you need desires to have willpower, and you need willpower to truly decide on your desires.

Once you decide on what you want, it becomes clear what path you need to take to get there, and how much strength and power will be required to pursue your dream. If you desire to be an engineer for example, instantly you'll know the best route would be through a good University - which costs money. But now at least, you have a goal of the amount of wealth you'll need. Desires are a roadmap to success.

You can really have everything you want, that is the beauty of the Sith. It doesn't ask you to pretend that what you want is unimportant to you. It allows you to truly be you.

It gives you, bad or good, what you truly desire.

## MEDITATION: WHAT DO YOU WANT?

The nature of victory is tied intrinsically with the strength of your desires. I was taught my whole life, that wanting anything was bad - that I should only want what's best for everyone else.

This is bullshit.

Most people go through their lives thinking that they don't really know what they want to be when they grow up. This is a lie. They've just never been honest with themselves. You've been taught to feel guilty about wanting something for yourself, been taught to feel guilty about wanting to be rich, beautiful, and successful.

Don't let it go on another day. Sith down with some pen and paper and draw out what your perfect life would be - every detail, down to the apartment and what you are wearing, what job you'd have. Whatever you write down, and this can be expanded and edited over time, is your lifetime goal.

Your every action should be built around trying to achieve this goal. It's hard to do, because we naturally don't like to commit. Just take your time with it, and remember your goal can be changed over time, but to go anywhere important, you need to know where you're heading.

## YOU ARE ALONE

If you only take one thing away from this whole book, I hope it is this; You are alone. Nobody will ever save you but yourself. Everyone has their own motives for doing everything, and if you rely on the generosity of others to live, you will eventually fail.

The positive side is that once you accept that everyone is only looking out for themselves, human nature becomes a lot easier to predict.

Your friends, your family, your lovers, your god - they will all betray you if you let them. I'm not saying never have friends, never find love - I'm saying be careful when involving others in your plans. There's a reason it's a trope not to go into business with your friends and family. It's because in that situation, where you both have skin in the game, the truth of human nature is revealed.

When you accept the inevitability of betrayal, you can plan for it. Build your empire for and by you. Build the empire *you* want. Relying on another is like building your house on sand - it will fall in the slightest storm.

## THE SITH'ARI

I'm going to end with something that's in the mythos, the legend of the perfect being. I don't think perfection is an attainable goal, but more something to aim towards. Everything eventually crumbles, every empire stagnates and declines in favour of the new. What I'm saying is, in the real-world, the Sith'Ari wouldn't be some god-figure; body painted gold, eight arms, and jewels for eyes.

I think it would just be a man. A man bloody-scarred from the countless victories and failures he's had to endure in his lifetime. Each time coming to the brink of destruction. Each time achieving what he sought at the cost of his foes' ambition.

That would be true freedom.

True victory.